Topic list energy



The following list contains raw materials which are real energizers. High-quality plant extracts from energy-rich raw materials provide the skin with nourishing substances, remineralising and revitalising it in the process.

Botanica processes the corresponding raw materials into extracts which are available in different carrier substances (water-soluble, oil-soluble etc.) - see extract finder. These extracts can be used for cosmetic and technical purposes.

Botanica neither performs nor commissions tests on animals. Our raw materials are natural and can vary slightly from harvest to harvest without affecting the quality of the product. Further information can be found in the corresponding specification.

Please note that some plants are not available all year round. Please ask us about the availability. This list is not exhaustive and represents only a part of our plants. If you are looking for specific extracts for your formulation, we are looking forward to your contact.



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German	Latin	English	Description	Bio
Acai	Euterpe Ole- racea	Acai	Acai berries are a 'superfood'. They are particularly rich in antioxidants and minerals.	Yes
American Cranberry	Vaccinium Macrocarpon	Moosbeere amerikanisch	American Cranberries have a tart and sour taste and contain many antioxidants (proanthocyanidins).	Yes
Aronia	Aronia Melano- carpa	Aronia	Aronia berries contain generous amounts of vitamin C, vitamin K, folic acid and polyphenols.	Yes
Broccoli	Brassica Ole- racea Italica	Broccoli	Broccoli works particularly well as a base for green smoothies, rich in minerals and phytochemicals.	Yes
Buckwheat	Fagopyrum Esculentum	Buchweizen	Buckwheat contains rutin (polyphenol) which has antioxidativen potential.	Yes
Chia	Salvia Hispanica	Chia	Chia seeds predominantly come from Mexico and contain nutritious omega-3 fatty acids, minerals and antioxidants.	Yes
Eleuthero	Eleutherococcus Senticosus	Taiga	In Russia and China, Eleuthero is traditionally used as a natural remedy to strengthen the immune system.	No
Ginger	Zingiber Offici- nale	Ingwer	Ginger is an indispensable ingredient in Asian cuisine. Gingerol and essential oils activate digestion.	Yes
Ginseng	Panax Ginseng	Ginseng	Ginseng root is a popular fortifier.	Yes
Guarana	Paullinia Cupana	Guarana	Guarana fruits are used in many energy drinks and dietary upplements due to their high caffeine content.	Yes
Matcha	Camellia Sinensis	Matcha	Finely ground green tea from Japan that is infused during tea ceremonies, rich in catechins (antioxidative potential).	Yes
Mate	Ilex Para- guariensis	Mate	South American tea contains substances that stimulate the metabolism such as caffeine, theobromine and tannins.	Yes
Quinoa	Chenopodium Quinoa	Quinoa	Quinoa contains many essential amino acids such as lysin, and is one of the pseudocereals (gluten-free).	Yes
White Tea	Camellia Sinensis	Weisser Tee	Silky and unopened tea buds give this tea its name. White Tea is extremely mild and contains polyphenols.	Yes

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